

God's Truth About Your Gender

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God intentionally created you, your soul and your body because He values you. God has given you a specific sexual identity. God has already chosen your sexual identity. He created you to be that specific gender. Sometimes, people react to their environment, feelings, and friends and become unsure of their gender. They feel like their spirit and their body are mismatched. Although these feelings are real, the answer is very clear: God created them either male or female and their body matches that gender. God did not create them to be homosexual, transgender, lesbian or bisexual. This is a false sexual identity that does not match the person that God created them to be. Gender is not fluid or changeable. God has created a sexual identity for each person, which is either male or female.

If you want to know your authentic sexual identity, learn from God's truths about you. Your life should be built on God's truth, not on the unstable foundation of your own ideas and feelings. God cares about you and wants you to live in your authentic, God-given sexual identity. Let's answer the questions: How does He know you? How does God know your gender?

Truth #1 God knew YOU and your gender before He gave you a body.

"Before I formed you in the womb I knew you." Jeremiah 1:5a. God knew who you would be before He created your body. God knew if you would be a little boy or a little girl inside of the body that He was going to create for you. When you were created, your body matched the gender of your spirit.

Truth #2: God intentionally created YOUR body.

"For You formed my inward parts; You covered me in my mother's womb. ¹⁴ I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, and *that* my soul knows very well." Psalm 139:13-14. God decided who YOU would be and He created YOUR body to match YOU. Your body is marvelous because God intentionally created your body for you. Receive this truth. You have a great body. Some hate their body. This is an external attack based on lies. Your body is God's wonderful creation. Instead of disliking your body, choose to appreciate and steward God's creative genius.

Truth #3: God created you in three parts: Spirit, Soul and Body.

"For the word of God *is* living and powerful, and sharper than any two-edged sword, piercing even to the division of **soul and spirit**, and of joints and marrow, and is a discerner of the **thoughts** and intents of the **heart**." Hebrews 4:12. Your spirit is YOU. Your soul is where you think, feel, love, and make decisions. Your body is the physical part of you that acts out your thoughts, feelings, and decisions. Your SOUL has the same gender as your SPIRIT. Your SPIRIT has the same gender as your BODY. Your SPIRIT, BODY, and SOUL all match in gender. All of you is created to match.



Three Matching Parts

Truth #4: God didn't make a mistake and give your body a different gender than your spirit.

"Remember the things I have done in the past. For I alone am God! I am God, and there is none like me. ¹⁰ Only I can tell you the future before it even happens. **Everything I plan will come to pass, for I do whatever I wish.**" Isaiah 46:9-10 Do you believe that God made a mistake? Are you a boy

in a girl's body? Or, are you a girl with a boy's soul? The Bible says that God doesn't make mistakes. Your spirit, soul and body all share the same gender. You are either a boy with a boy's soul and body. Or, you are a girl, with a girl's soul and body. God planned for YOU before He created YOU. When you choose to view your body as a different gender than your spirit, you are not experiencing your authentic gender. When you allow your soul to think and feel as a false gender, you are not experiencing your true, authentic gender. You are choosing an identity that is false. God decided your gender before He created you. God didn't make a mistake on His creation, when He made you.

Enemies of Your Gender: There are doors in your soul through which gender confusion can enter.

Idolatry and Being Unthankful: False worship is a seed for gender confusion or a false sexual identity. God has created you with a specific sexual identity, which perfectly matches your soul and body. God used His authority to decide which gender you will be. You can decide to submit to God's creative choice or to rebel and choose another sexual identity. As a believer, you should decide to worship God and appreciate His creativity. You must choose to be thankful for God's choice of your gender. Worship and thankfulness value and affirm God's character and wisdom. God is wise and created your sexual identity correctly. If you choose to elevate your own ideas or feelings above God's, you are worshipping your own autonomy. You are being unthankful. People have been doing this for a long time. Here's what the Bible says, "For since the creation of the world His invisible *attributes* are clearly seen, being understood by the things that are made, *even* His eternal power and Godhead, so that they are without excuse, ²¹ because, **although they knew God, they did not glorify Him as God, nor were thankful, but became futile in their thoughts, and their foolish hearts were darkened...** ²⁴**Therefore God also gave them up to uncleanness, in the lusts of their hearts, to dishonor their bodies among themselves,** ²⁵ who exchanged the truth of God for the lie, and **worshiped and served the creature** rather than the Creator, who is blessed forever. Amen. ²⁶**For this reason God gave them up to vile passions.** For even their women exchanged the natural use for what is against nature. ²⁷ Likewise also the men, leaving the natural use of the woman, burned in their lust for one another, men with men committing what is shameful, and receiving in themselves the penalty of their error which was due." Romans 1:20-21, 24-27. When you decide that your sexual identity is yours to choose and when you fantasize about being gay or bisexual, you are worshipping yourself. The result is gender confusion. Any type of idolatry can be an open door for sexual confusion to creep into your soul.

World: The world that you live in can pressure you to feel like you are the wrong gender. Music lyrics suggest sexual confusion. Movies and television programs usually feature a person who is gender confused. This person is always happy, fun, smart, and respected. Who do you idolize? What messages do you receive into your soul from movies and music?

Trauma: Friends and family can bully you, tease you and speak a false gender into your soul. You can begin to question your sexual identity because of the words and ideas that others speak over you. Another type of trauma is sexual abuse, which can create a door inside of your soul for questioning your sexual identity. Sexual abuse can create desires inside of you that don't match your spirit and body's gender. Physical abuse can create a rejection of heterosexual love, replacing it with homosexual love. It is important to note that trauma does not always result in gender confusion. But, trauma can be soil in your soul where a seed of false sexual identity can germinate.

Rejection: God created the family to fill the emotional needs that a child has, especially for growing up with a healthy acceptance of his gender. When a parent is cold, withholding love, and emotionally

distant, this creates a sense of rejection. If you have experienced this, you can grow up with an unhealthy understanding of who you are in your authentic gender. Rejection or desertion by a male or female parent can create a need for affirmation from a person of that sex. It is possible that parental rejection can create false sexual identity feelings inside of you. Sometimes, when one parent is absent or emotionally unavailable, the child feels like a sexual partner can fill that place. This can create a feeling that the body, soul and spirit have mismatched genders.

Sexual Spirits: There are homosexual, lesbian and gender-confusion spirits that target children, families, and adults. These spirits specialize in thoughts about sexual attraction to the same sex or rejection of birth gender. These spirits can enter into a person's life from a movie, from a gay friend, from loneliness, rejection, pornography, social media, or music. There are also geographic areas that seem to have a higher population of sexual spirits. Sexual spirits often target a person who has experienced one of the other doorways: trauma, rejection, idolatry, or the world. Typically, sexual spirits put constant pressure onto a person by repeatedly placing false feelings and false thoughts about sexual identity. Spirits entice by creating a false crush for the same sex. Other people can suddenly be attracted to you or attractive to you. This is a classic spiritual attack and the feelings are actually a lie. Sexual spirits torment with repeated thoughts and with fear. These enemies can use your thought voice. They can use your thought voice to reply to your own thoughts. This causes you to believe that you are thinking the thoughts of same-sex attraction or thoughts of rejecting your body's gender. Sexual spirits can also gain power in your life if you agree with them by rejecting your body's gender. As you agree with their thoughts, you become more convinced that you are homosexual, transgender, or bisexual.

Summary: How to Be Authentic in Your Gender

Truth #5: Through a relationship with Jesus Christ, you can live your authentic gender.

"Thus says the Lord, **your Redeemer**, and He **who formed you from the womb**: 'I *am* the Lord, **who makes all things**, Who stretches out the heavens all alone, Who spreads abroad the earth by Myself.'" Isaiah 44:24. God created YOU to think, feel, experience and live the gender that is authentic to YOU. Your authentic gender has sexual harmony between your body, soul and spirit. You are designed to glorify God with your gender. You are designed to glorify God with your lifestyle. God made you and He has chosen your sexual identity. He is the one who created you.

Truth #6: Your spirit, soul and body were created in Jesus Christ to do God's works.

"For **we are His workmanship, created in Christ Jesus for good works**, which God prepared beforehand that we should walk in them." Ephesians 2:10. You are a unique person with unique experiences and talents. Some of these experiences, characteristics, and talents may be viewed as male or as female in your culture. You must know that God's workmanship is not a mistake. He values your giftings and personality characteristics. Be confident that God made your spirit, soul and body with a gender that matches. Be confident in the interests, talents, and giftings that God has designed into you. God created you to do His good works, while you are living out your authentic, true gender. Read your Bible and find out what are the good works that God wants you to do. He doesn't want you to use a fake voice or use your body for worldly dancing. He doesn't want you to have crushes on people of the same sex. God doesn't want you to have homosexual fantasies. God doesn't want you to hate yourself. God wants you to love Him, value yourself, and love others with a pure love. God has a purpose for you, as you live out your authentic gender. Just like in the Bible Jeremiah was known, created and given a life purpose by God, you were known, created and given a life purpose. "Before I formed you in the womb, I knew you; **Before you were born, I sanctified you; I ordained you a prophet to the nations.**" Jeremiah 1:5.

Truth #7: If you are a believer, God knew you before He created the world.

“Just as **He chose us in Him before the foundation of the world**, that we should **be holy and without blame before Him in love.**” Ephesians 1:4. God knew YOU and He created you to be your authentic gender. He created you to be morally pure and without guilt. This is the hope for all believers. Jesus Christ paid for all of His family’s gender confusion and sexual sins. He also gives each believer an alive spirit that is connected to God and has the power to feel, decide, and live out the gender authentic to his or her spirit, soul and body.

Being the Authentic You

You were created to glorify God and enjoy Him. This means that you are unique, creative, smart, kind and talented. God’s purpose is for you to be a mirror to reflect His attributes. God’s purpose is for you to worship Him and enjoy a daily relationship with Him. This is why Jesus Christ came to live, die and resurrect. Jesus Christ lived God’s purpose out perfectly. Jesus Christ bled and died to pay for your failure to glorify God and enjoy Him. Jesus Christ was successful and became a live again. Jesus has promised to give this eternal life to anyone who will repent and turn to Him for salvation. Through a relationship with Jesus Christ, you can live your purpose. You can glorify God by being the person that He created you to be. **“Delight yourself also in the Lord, and He shall give you the desires of your heart.”** Psalm 37:4. Invest time in learning who God is and spend time with Him. When you focus on your vertical relationship with God, He will help you find satisfaction in being the real you. If you focus on God and His word, God will adjust your feelings and desires to match His purpose for you and your gender. God will fill up your life with the desires that He plants in your heart. It will be much, much more satisfying than chasing the false desires of your heart. Let God adjust your heart, as you spend time with Him and in His Word. “I have written to you, young men, because you are strong, and **the word of God abides in you, and you have overcome the wicked one.**” 1 John 2:14b.

Free to be Your Authentic Gender

Everyone that Jesus Christ sets free can have true freedom. As a believer, Jesus Christ has given you the authority to tell demonic attackers to leave. You can examine your thoughts and feelings and decide which are based on God’s truth and which are false. You can give those thoughts to Jesus Christ and tell the demonic attacker to leave in Jesus’ name. Below are prayers and proclamations to help you be free.

Prayer for God’s Protection

“Dear Heavenly Father, I cover myself, my family members (name them) and my pets with the blood of Jesus Christ. Holy Spirit, please send your angels to protect me and my family from spiritual attackers and from spirits of retribution. In the name of the Lord Jesus Christ, I bind any spirits with me from transferring into anyone in my household or from attacking me or anyone in my family physically, mentally or spiritually. In Jesus’ mighty name, amen.”

Truth Proclamation: Say this out loud.

“Heavenly Father, I know that you created my spirit, soul and body with the same gender. Your word is true and I trust you. I repent of gender confusion. Jesus, thank you for dying on the cross to deliver me from my sin, shame, and my guilt. Thank you that I can be a new creation in Christ. Thank you for the authentic sexual identity that You’ve created for me. I reject the spirit of lust. I reject homosexual and lesbian spirits. In the mighty name of the Lord Jesus Christ, spirits of lust and self-rejection leave me now. (big breath out) In the name of Jesus Christ, lesbian and homosexual spirits

leave me now. I reject all intentional or unintentional agreements that I've made with you. (big breath out) Jesus Christ is the King of my sexual identity. King Lust, I take your throne, scepter, robe, and crown and give them to Jesus. In Jesus' mighty name, King Lust leave me now. (big breath out) I belong to Jesus Christ, and I trust in Jesus Christ as my Lord and Savior. Holy Spirit, please clean out my soul and my body from all false sexual identity thoughts, experiences, beliefs, and actions. Please fill me up with worship of God, the truth of God and with a healthy, authentic sexual identity. Please send your angels to protect me. In Jesus' name, Amen."

Cleansing Prayer

"Holy Spirit, please clean where the spirit of lust was living and please fill me with holiness, contentment and self-control. Please clean every body part that I have used for sexual immorality. Please clean my eyes, my mind, and my soul. Please clean my conscience. Please clean where the sexual spirits of gender confusion, (lesbian), and homosexuality were living. Please fill me up with contentment and a sense of your acceptance and presence. Fill me with a hunger for your word. Please delete the ungodly images and memories that I have in my mind. Please give me the mind of Christ! In Jesus' name, amen."

If Gender Confusion is a Family Issue (Say this out loud.)

"Dear Heavenly Father, I come to you with this problem of gender confusion. It is sin and is a problem for my family. It was a problem for my (relative's name), my (list all relatives you know who had this sin) and is a problem for me. I repent on behalf of my ancestors, my family, and me for this sin of (sin's name) and I turn from it. Please forgive my ancestors, and my family and me for this sin of (sin's name). Holy Spirit, Please cut off this generational spirit of gender confusion from my family and from me." "Generational spirit of gender confusion I cut you off from me and my family with the sword of the Spirit. I break you with the blood of Jesus. In the mighty name of the Lord Jesus Christ, I command you to leave me, my family, my children, and my descendants now and forever! Generational spirit of gender confusion I command you to go to Jesus Christ to receive your judgement." (blow a big breath out.) Repeat this prayer for: 1. generational spirit of lust 2. generational spirit of sexual perversion.

Cutting Ties With Sexual Partners

If you have had sexual relations with anyone **other than your spouse**, you need to say the following prayer for each person's name. If you have had a porn addiction and watched specific pornographic actors, say their names also in the following prayer out loud. (The tie that connects people is invisible. The relationship no longer exists, but there is an ungodly connection that exists called "soul connection" or "ungodly soul connection.")

Make a list of names: Any person that you have had sexual contact with and any pornographic actors that you have watched.

Pray the following prayer for each name. Insert the name in the blank lines. (Pray out loud).

"In the name of the Father, the Son and the Holy Spirit, I break all ungodly spirit, soul and body ties that have been established between me and (name of sexual partner). I sever the linking supernaturally and ask God to remove from me all influences of (name of sexual partner), and I draw back to myself every part which has been wrongfully tied in bondage to (name of sexual partner). I now speak directly to every evil spirit that has taken advantage of this ungodly soul tie. You no longer have any rights here, and I order you to leave now without hurting or harming me or any other person, and without going into any other member of my family. In Jesus's name amen!"ⁱⁱⁱ

Truth Statement: “Therefore, if anyone *is* in Christ, *he is* a new creation; old things have passed away; behold, all things have become new.” 2 Corinthians 5:17. “As a believer, I get to be the person that God created me to be. My spirit, soul and body are all aligned and have one matching gender. I am created to glorify God and enjoy Him forever. The old things are gone. I am a new creation in Christ.”

ⁱ Horrobin, Peter. *Healing through Deliverance: The Foundation and Practice of Deliverance Ministry*. Sovereign World Ltd, 2021.

ⁱⁱ Wagner, Doris. *How to Cast Out Demons: A Guide to the Basics*. Reprint, Chosen Books, 2000.

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